

Year 8 History Lesson Plan

In this lesson students examine how public health improved in the 19th century in Britain. Objectives of the lesson are to give the children a basic chronological understanding and to look at the cause and consequences of these developments.

This lesson is available on DVD along with a resource CD from our new web site

<http://www.classroomobservation.co.uk/>



Lesson Plan: How did health improve in the 19th century?

Start: How healthy are you?

Pupils give examples of what makes us healthy then they give themselves a health rating – feedback to each other

Discussion: Are we more unhealthy than 150 years ago?

Task 1:

Cut and chronologise. Fastest fingers first. Top five snippers.

Task 2:

Extra challenge: can you put them into categories?

Help challenge: Divide into piles - government; science & technology; epidemics;

Task 3:

Find four cards that show the government knew there was a problem!

Task 4:

Find an event that led the government on to act

Task 5: extra thinking challenge if time

Sequence 4 cards showing change/development over time

Task 6:

Stick the pieces in chronological order on living graph, showing highs and lows. SNAKES & LADDERS

Plenary:

How did health improve in 19th century? Turning points? Factors? *Extra: explain in a paragraph*